

ABSTRACT

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This thesis is an analysis of the novel Exit West (2017) by Mohsin Hamid. This analysis is related to psychological approach, using the concept hierarchy of needs by Abraham Maslow. The problem of this analysis focuses on the protagonists’ obstacles and also their struggle to achieve self-actualization. This analysis aims to find out through conflict, setting, and characters, the protagonists’ obstacles and endeavors in order to achieve self-actualization. The result of the study shows the form of self-actualization based on the criteria and characteristics. Self-actualization is obtained after fulfilled the physiology need, safety need, love and belonging need, and self-esteem need.

Keywords: human motivation, self-actualization, the hierarchy of needs.