

ABSTRACT

Murisal, 2019. Group Counseling Model with Trait and Factor Approaches to Increasing Maturity in Direction of Career Choices for High School Students in Padang City. Dissertation. Postgraduate Program. of Universitas Negeri Padang.

The background of this research is based on a preliminary study of high school students of Padang City, West Sumatra Province. The initial findings in the field show that there are still many students who experience the maturity of their career choice can be seen they are still confused in determining specialization and where they want to go after graduating from school. This study aims to produce a group counseling model with a trait and factor approach to improving the maturity of the direction of a high, valid, practical. Research and Development design using ADDIE model was used as the research design. This research was High School Student in Padang City West Sumatra Province.

Group Counseling Model with Trait and Factor Approaches to Increasing Maturity in Direction of Career Choices for High School Students. The subject of product trials involved 16 students by implementing pretest-posttest. The instrument used in this study is a questionnaire on the maturity scale of students' career choice, consist of group counseling control and eksperiment. Data collection techniques were in the form inventory maturity in Direction of career choices, interview and observation, data analysis techniques description in processed with SPSS version 20 and using Concordance Kendall's W test and Wilcoxon Signed Ranks Test. The research product is a group counseling book model with a trait and factor approach to increasing the direction of student career choice maturity and a trait and factor group counseling guidebook for counselors at school.

The results showed that the level of validity of the group counseling model with the trait and factor approach to improving the maturity of the direction of student career choice by the expert team was in the very feasible category. The results of the use of the group counseling model with the trait and factor approach to improving the maturity of the direction of the career choice of students are in the very used category. The effectiveness of the test results is an increase before and after the group counseling model implemented with a trait and factor approach to improve the maturity of the direction of student career choice. Group counseling model with trait and factor so urgently approaches to increasing maturity in direction of career choices for high school students in Padang City.

ABSTRAK

Murisal, 2019. Model Konseling Kelompok dengan Pendekatan *Trait and Factor* untuk Meningkatkan Kematangan Arah Pilihan Karir Siswa SMAN Kota Padang. Disertasi. Pascasarjana Universitas Negeri Padang.

Penelitian ini dilatar belakangi berdasarkan studi pendahuluan siswa SMAN Kota Padang Provinsi Sumatera Barat. Temuan awal dilapangan menunjukkan bahwa masih banyaknya siswa yang mengalami kematangan arah pilihan karirnya dapat dilihat mereka masih bingung dalam menentukan peminatan dan mau kemana setelah tamat sekolah. Penelitian ini bertujuan menghasilkan model konseling kelompok dengan pendekatan *trait and factor* untuk meningkatkan kematangan arah pilihan karir siswa SMAN yang valid, praktis, dan efektif. Desain penelitian adalah *Research and Development* dengan menggunakan model ADDIE. Penelitian ini dilaksanakan di SMA Kota Padang.

Model konseling kelompok dengan pendekatan *trait and factor* untuk meningkatkan kematangan arah pilihan karir siswa SMA. Subjek uji coba produk melibatkan 16 orang siswa dengan melaksanakan *pretest-posttest* melalui hasil inventory kematangan arah pilihan karir, siswa yang mengalami kematangan arah pilihan karir rendah terdiri dari kelompok kontrol dan eksperimen. Teknik pengumpulan data berupa tes/inventory kematangan arah pilihan karir, observasi dan wawancara Teknik analisis data deskripsi diolah dengan SPSS versi 20 dan menggunakan uji *Konkordansi Kendall's W* dan *Wilcoxon Signed Ranks Test*. data. Produk penelitian berupa buku model konseling kelompok dengan pendekatan *trait and factor* untuk meningkatkan kematangan arah pilihan karir siswa dan buku pedoman penggunaan konseling kelompok *trait and factor* untuk konselor di sekolah.

Hasil penelitian memperlihatkan bahwa tingkat validitas model konseling kelompok dengan pendekatan *trait and factor* untuk meningkatkan kematangan arah pilihan karir siswa oleh tim ahli berada pada kategori sangat layak. Hasil keterpakaian model konseling kelompok dengan pendekatan *trait and factor* untuk meningkatkan kematangan arah pilihan karir siswa berada pada kategori sangat terpakai. Hasil uji efektivitas terdapat peningkatan sebelum dan sesudah dilaksanakan model konseling kelompok dengan pendekatan *trait and factor* untuk meningkatkan kematangan arah pilihan karir siswa. Model konseling kelompok dengan pendekatan *trait and factor* sangat penting diberikan untuk meningkatkan kematangan arah pilihan karir siswa SMA Kota Padang.