

ABSTRACT

Tri Waluyo (2018): The Development of Multilateral Movement Skill Teaching Models Based Games for The 2nd Grade Student of Elementary School.

The problem of this research is that there are still many weaknesses of the teacher in carrying out the implementation of varied basic motion learning as needed by students in elementary school. Preliminary studies show that learning still uses traditional methods so that teachers are considered less varied in providing forms of physical training activities involving basic motion learning or multilateral motion. In response to this, there is a need for variations in the learning process through the Development of Multilateral Movement Skill Teaching Models Based Games for The 2nd Grade Student of Elementary School. This study aims to produce learning models with valid, practical, and effective criteria.

This type of research is development research using the ADDIE model (*analysis, design, development, implementation, evaluation*). The model design was validated by 3 experts and 2 practitioners consisting of model validation and practicality of the model. Practicality is seen through the results of the learning implementation analysis. Effectiveness is seen through the analysis of student learning outcomes.

The results of the learning model validation obtained an average of 87.2% with a valid category. In practicality, the results obtained that this learning model is practical/good to use with the results of the implementation of learning by 91.5%. The effectiveness test results using experiments (t-test with a significant level $\alpha = 0.05$) indicates that there is a difference between the acquisition of student learning outcomes before using the model with after using the learning model. So that it can be concluded that the model was effective and can improve student learning outcomes in the realm of attitudes, knowledge, and skills in sports and health physical education learning in 2nd Grade Student of Elementary School.

Keywords: Teaching Model, Multilateral Movement Skill, Games, Elementary School.

ABSTRAK

Tri Waluyo (2018): Pengembangan Model Pembelajaran Gerak Multilateral Berbasis Permainan untuk Peserta Didik Kelas II Sekolah Dasar.

Masalah penelitian ini masih banyaknya ditemukan kelemahan-kelemahan guru dalam melakukan pelaksanaan pembelajaran gerak dasar yang variatif seperti yang dibutuhkan oleh peserta didik di sekolah dasar. Studi pendahuluan menunjukkan bahwa pembelajaran masih menggunakan metode tradisional sehingga guru dinilai kurang variatif dalam memberikan bentuk aktifitas latihan fisik yang menyangkut pembelajaran gerak dasar atau gerak multilateral. Menyikapi hal tersebut perlu adanya variasi dalam proses pembelajaran melalui Pengembangan Model Pembelajaran Gerak Multilateral Berbasis Permainan untuk Peserta Didik Kelas II Sekolah Dasar. Penelitian ini bertujuan untuk menghasilkan model pembelajaran dengan kriteria valid, praktis, dan efektif.

Jenis penelitian ini adalah penelitian pengembangan menggunakan model *ADDIE* (*analysis, design, development, implementation, evaluation*). Desain model divalidasi oleh 3 orang ahli dan 2 orang praktisi yang terdiri dari validasi model dan praktikalitas model. Kepraktisan dilihat melalui hasil analisis keterlaksanaan pembelajaran. Keefektifan dilihat melalui analisis hasil belajar peserta didik.

Hasil validasi model pembelajaran diperoleh rata-rata sebesar 87.2% dengan kategori valid. Pada praktikalitas, diperoleh hasil bahwa model pembelajaran ini sudah praktis/baik untuk digunakan dengan hasil keterlaksanaan pembelajaran sebesar 91.5%. Hasil uji efektivitas menggunakan eksperimen (Uji-t dengan taraf signifikan $\alpha = 0.05$) menunjukkan bahwa terdapat perbedaan antara pemerolehan hasil belajar peserta didik sebelum menggunakan model dengan sesudah menggunakan model pembelajaran tersebut. Sehingga dapat disimpulkan bahwa model tersebut efektif dan dapat meningkatkan hasil belajar peserta didik pada ranah sikap, pengetahuan, dan keterampilan dalam pembelajaran pendidikan jasmani olahraga dan kesehatan di kelas II sekolah dasar.

Kata Kunci: Model Pembelajaran, Gerak Multilateral, Permainan, Sekolah Dasar.