

## **ABSTRACT**

### **An evaluation exercise Program Gojukai Karate Dojo Athlete The Regional Development Bank (BPD) Padang**

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Problems in the research is not yet the presence of the image of an exercise program of karate gojukai karate athletes performed on dojo regional development Bank (BPD) Padang. This research aims to assess the success or failure of a program is as expected and provide information to the consummation of a program.

This research is qualitative research, housed in the nonstatistik dojo gojukai regional development Bank (BPD) Padang, this research was conducted in January 2017, the source of the data from this study are all the athletes and administrators along with coach gojukai karate dojo the regional development Bank (BPD) Padang. The researchers took data on the dojo regional development banks (BPD) Padang, for 16 times, an evaluation of the program by using the CIPP evaluation model (Context, Input, Process, Product) developed by Stufflebeam. The data in this study were taken through observation, field Notes, interviews and documentation. The technique of the validity of the data is done by the technique of triangulation.

The results of this research note that: (1) evaluation of Context based on the research done in the dojo regional development banks (BPD) Padang then it can be taken to the conclusion that the purpose of an exercise program that is implemented is already running well. (2) Input To evaluation of the feasibility of the facilities and infrastructure in the regional development Bank dojo (BPD) Padang has not met the standard. for the implementation of the exercise program is already at the stage of preparation in training programs and the funds accumulated in the construction of these athletes in the athletes get from itself and from the BankPembangunan area of Padang who is the adoptive Father of Dojo Gojukai. (3) the evaluation of the Process seen from the activities performed and penangung exercises for karate gojukai dojo training program the regional development banks field has been running pretty well. (4) the evaluation of the success of the program Product latihan athlete karate gojukai dojo regional development Bank (BPD) Padang, based on the results of research and analysis of the data it can be concluded that it has been reached in accordance with the targets set.