

ABSTRACT

Contribution Locus of Control and Perfectionist towards Academic Procrastination and the Implications in Guidance and Counseling Service in SMAN 10 Padang

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This research was based by various problems behavior were still many students who defer to the task. Academic procrastination was influenced by various factors among which were the locus of control and perfectionist. This study aimed to described and the test: (1) locus of control of students SMAN 10 Padang, (2) perfectionist of students SMAN 10 Padang, (3) academic procrastination of students SMAN 10 Padang, (4) contribution locus of control toward academic procrastination students SMAN 10 Padang, (5) contribution of perfectionist toward academic procrastination students SMAN 10 Padang, (6) contribution locus of control and perfectionist toward academic procrastination students SMAN 10 Padang.

This study used a quantitative approach with descriptive correlational method. The population in this research were students in grade X and XI of SMAN 10 Padang many as 571 students. Samples were obtained many as 235 students with using Proportional Stratified Random Sampling technique. The instruments of this research were the Inventory and Likert scale model. The data obtained were analyzed by using simple regression, and multiple regression.

The research finding were: (1) locus of control in average were at internal category, (2) perfectionist in average were at moderate category, (3) the academic procrastination in average were at moderate category, (4) the locus of control are contribution significant to academic procrastination, (5) the perfectionist contribution significant to academic procrastination, and (6) the locus of control and perfectionist in together contribute significant to the academic procrastination. The implication of these results can be used as an analysis of students needs in the preparation of guidance and counseling service program at the school, especially at SMAN 10 Padang.

ABSTRAK

Kontribusi *Locus of Control* dan Perfeksionis terhadap Prokrastinasi Akademik Siswa serta Implikasinya dalam Pelayanan Bimbingan dan Konseling di SMAN 10 Padang

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Penelitian ini dilatarbelakangi oleh masih banyaknya perilaku siswa yang menunda untuk mengerjakan tugas. Prokrastinasi akademik dipengaruhi oleh berbagai faktor di antaranya adalah faktor *locus of control* dan perfeksionis. Penelitian ini bertujuan untuk mendeskripsikan dan menguji: (1) *locus of control* siswa SMAN 10 Padang, (2) perfeksionis siswa SMAN 10 Padang, (3) prokrastinasi akademik siswa SMAN 10 Padang, (4) kontribusi *locus of control* terhadap prokrastinasi akademik siswa SMAN 10 Padang, (5) kontribusi perfeksionis terhadap prokrastinasi akademik siswa SMAN 10 Padang, dan (6) kontribusi *locus of control* dan perfeksionis terhadap prokrastinasi akademik siswa SMAN 10 Padang.

Penelitian ini termasuk penelitian kuantitatif, dengan pendekatan korelasional. Populasi penelitian adalah siswa kelas X dan XI SMAN 10 Padang yang berjumlah 571 siswa. Sampel diperoleh sebanyak 235 siswa yang diambil melalui teknik *Proportional Stratified Random Sampling*. Instrumen yang digunakan adalah *inventory* dan skala model *Likert*. Data penelitian dianalisis dengan menggunakan regresi sederhana dan regresi ganda.

Hasil penelitian ini menunjukkan bahwa secara rata-rata: (1) kecenderungan *locus of control* siswa berada pada kategori internal, (2) tingkat perfeksionis berada pada kategori sedang, (3) tingkat prokrastinasi akademik siswa berada pada kategori sedang, (4) *locus of control* berkontribusi secara signifikan terhadap prokrastinasi akademik, (5) perfeksionis berkontribusi secara signifikan terhadap prokrastinasi akademik, (6) *locus of control* dan perfeksionis secara bersama-sama berkontribusi secara signifikan terhadap prokrastinasi akademik. Implikasi dari hasil penelitian ini dapat dijadikan sebagai analisis kebutuhan siswa dalam penyusunan program pelayanan bimbingan dan konseling di sekolah, khususnya SMAN 10 Padang.